

HOW TO GROW SAFFRON:

- Grow in well drained soil & a sunny place.
- Plant corms in August-October.
- Plant in rows or beds.
- Corms should be planted between 4-6 inches deep. For colder zones, plant at 6 inches to protect the bulbs from frost.
- Spacing 1-3 inches apart.
- Flowering & harvest between October-December.
- Pick the flowers in the early morning.
- Separate the red stigmas indoors.
- Dehydrate or air-dry the saffron completely.
- Every 4 years dig up and replant your corms.
- Water in the spring & summer when corms are formed.

FUN FACTS:

- You can grow Saffron bulbs (*Crocus Sativus*) from zones 4-10.
- Saffron bulbs reproduce, new corms grow on the old corms.
- Saffron doesn't require much water or nutrition. It's an easy plant to care for.
- Saffron is a beautiful purple flower with a bright red & yellow pistil. When dried these red stigmas, make up the highly valuable spice, called Saffron.
- Leaves dry out in May-June.
- 88% of Saffron is grown in Iran.
- It takes approximately 160+ flowers to make up 1gram of Saffron.
- Saffron has very interesting medicinal properties.

FOR MORE INFORMATION:

Visit our website- <https://shesrootedhome.com/southern-california-premier-saffron-farm/>

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